



SELF DECLARATION OF FITNESS FOR COMPETITIVE SPORTS ACTIVITIES

I, THE UNDERSIGNED, _____
BORN IN _____ ON ____/____/_____
NATIONALITY _____ RESIDENT IN _____
ADDRESS (STREET/SQUARE) _____ No. _____

DECLARE

Under my own responsibility

1. that I benefit from a healthy and strong constitution, having never showed signs or clinical symptoms of diseases or pathologies that prevent me from practicing sports and that I am therefore fit to take part in competitive sports activities;
2. That I recently underwent a sports medical examination at a sports medicine center that certified my fitness and that released a valid certificate;

I ALSO DECLARE THAT THE CONTENTS OF THIS DECLARATION ARE TRUE AND THAT I HEREBY RELIEVE THE RIVA DEL GARDA VOLUNTEER FIRE DEPARTMENT FROM ANY RESPONSIBILITY REGARDING HEALTH ISSUES WHICH I AM AWARE OF BUT WHICH I DIDN'T STATE IN THIS FORM.

PLACE _____ DATE ____/____/_____

SIGNATURE _____

I enclose herewith a photocopy of a valid identity document.